

We plan to break the world record with the largest summit flag on K2. And you're invited to be on it.

 www.ClimbK2SA.com

 [@K2_SA_2022](https://www.instagram.com/K2_SA_2022)

 [K2SA](https://www.facebook.com/K2SA)

 K2@robby.co.za

#Ask4Help

Depression and anxiety affects more people than most of us realise. That's because it doesn't get spoken about. Instead it is shrouded in stigma and shame.

The #Ask4Help initiative aims to create a shift in behaviour and culture around mental health issues by:

- Getting people to speak out about mental health
- Debunk the stigma around depression and anxiety being weakness or a defect
- Encourage a culture of seeking help for mental health issues
- Ultimately improve the quality of life for people living with mental health issues
- Prevent tragic deaths due to depression related suicide

Help us make history, but more importantly, make a difference.

In June 2022, the first team of South African climbers will be taking on the ultimate mountain. One member, Robby Kojetin, is doing it to spread a message of courage and hope for people living with mental health issues.



Visit www.ClimbK2SA.com and claim your place on the K2SA Summit Flag for R1000.



Promote your business, memorialise a loved one, feature a charity, post a selfie...anything goes*
Block size: 110mm x 75mm



Email us your artwork and proof of payment and we'll take care of the rest. K2@robby.co.za



Follow @Team K2SA throughout the expedition on socail media and online

*Almost anything ;-)

**If you require assistance with your artwork, we are able to assist at no charge.

K2 is the second-highest mountain on Earth. With its extreme latitude, technical difficulty and prominence this mountain deserves its nickname. The Savage Mountain.

Location: Karakorum Range, Pakistan
Height: 8611m above sea level
Summits to date: 377

